



The Message Stick

July 2020

Mackay Bushwalkers' Club Inc. PO Box 1313, Mackay, 4740

Web: <http://www.mackay.bwq.org.au>

Email: mackay.bushwalkers@gmail.com

Future Events

Mt Catherine.....	5th July
Creek to Creek.....	12 th July
Beginners Backpack Camp.....	18 th & 19 th July
Mt Dalrymple.....	26 th July

We're Back!

Mackay Bushwalkers will be putting on walks again from July with a Covid-19 safety plan which has been endorsed by the committee.

Covid-19 plan

- Leaders will include Covid safety information in their pre-walk briefing
- If a participant is unwell or showing flu like symptoms, they cannot participate in the activity
- Club radios will not be used on walks except in an emergency
- During the activity participants are required to maintain 1.5m distance
- Carpooling is allowed with a maximum of 4 people per vehicle
- The leader will complete the paperwork (sign on sheet) for each walk and ensure a copy is kept
- Maximum group size is 20
- No contact while on the activity
- Participants are not to share equipment, water bottles, food etc
- Participants should maintain good hygiene at all times, including regularly washing/sanitising their hands

These rules are additional rules for club purposes. They do not replace any laws or guidelines set by the government or Queensland Health, so members and participants are reminded that they still need to be aware of their individual obligations at all times.



Club Officers

President	Peter Bennett	0427383732	Contact Officer	Donna Burgess	0488 787 953
Vice President	Daphne Goodson	0417706240			
Secretary	Julie Ward	0403230545			
Treasurer	Mari Simmonds	0459835551			
Equipment Officer	Donna Burgess	0488 787 953			
Newsletter Editor	Jenny Wooding	0447 091 532	Membership Secretary	Wendy Bennett	0429363929

From the Editor

It's wonderful to see walks are beginning again. I'm sure I'm not the only one who has missed the walking and of course the great company. It will be good to catch up once again in the bush.
Please don't be shy about stepping up to lead a walk as we would welcome new walks leaders.
Many thanks to Deb for putting her hand up to lead the first walk back. Remember we need to have a cap on numbers so leaders will be turning away people once the 20 has been reached.
Happy Walking everyone!

**Items for the next newsletter should
be sent to
Jenny.e.wooding@gmail.com
prior to 27th July**

Key to Walks Grading System

Distance

S = short – under 5km
M = medium – 5-10km
L = long – over 10km

Terrain

1-3 = Graded or open terrain, no scrub
4-7 = Bush, minor scrub, rainforest,
Rocks, creeks, rockhopping, scrambling
8-10 = Bush as above + thick scrub, major rock
Scrambling using hands, technical

Difficulty

1-3 = Easy, suitable for beginners
4-7 = Medium, reasonable fitness required
8-10 = Hard, strenuous, fit walkers only

Future Events

All trip leaders please ensure you collect the club gear bag before undertaking your walk and return it as soon as possible afterwards

Please contact the leader to nominate for all walks before 12.00pm the day before the walk unless otherwise stated.

Mt Catherine Sunday 5th July

Leader: Deb Wilson 0400 319078

Depart: 7am

Journey: 140km \$14.00

Grade: M66

Map Ref: Calen 745920

Total Ascent: 450m

Estimated Walking Time 6 hours

Mt Catherine is a 485m high peak close to Mt Beatrice just north of Calen.

The walk commences from Deb's property and then immediately into the National Park along a ridgeline. The climb is relatively gradual with a

number of smaller peaks along the way with some steeper sections. There are beautiful views provided from some vantage points including over the valley to the south with Deb's property in the foreground. There are great views of the jagged peak of Mt Beatrice and the vegetation is forest with cycads, elk horn ferns, tall grass trees, orchids and some moonlighter. This walk will be conducted at a relaxed pace. Bring water for the whole day.

**Eimeo Creek to Reliance Creek return
Sunday 12 July 2020**

Leader : Daphne Goodson 0417 706 240, Mari Simmonds

Depart : 8 am (from Eimeo Ck - Bucasia side)

Journey : N/A - We are meeting at the start of the walk.

Mari will be leaving the usual car park in Alfred St at 7.40 with those who want to carpool. (max 4 people per car)

Grade : L 25 **Estimated walking time:** 5 hrs.

Total of all uphill sections: 60 m **Pace:** average

Terrain: beach and parkland, some steps or rocks

Vegetation: some attractive beach scrub, and mangroves **Expect:** sunny open sections, sand-flies, wonderful island views

PLEASE NOTE DIFFERENT STARTING TIME AND DEPARTURE POINT.

We will assemble in the car park at the end of Waverly St near the Bucasia Caravan Park for an 8am departure. The plan is to walk from the northern bank of Eimeo Creek, near the Bucasia Caravan Park, to Shoal Point picnic area, and then head on to the mouth of Reliance Creek, and then to make the return journey.

It usually takes about 90 minutes from Bucasia to Shoal Point, and then another 45 minutes from Shoal Point to Reliance Creek, but don't forget to multiply all this by two.

There are many beautiful spots for drink stops and lunch, and it will be a relaxed day, but incorporating a fair walk as well.

This is well suited to beginners, and those wanting a shorter walk can meet us, or leave, at Shoal Point picnic area.

The walk is approximately 14 km in length, and the conditions on the day will determine how much of the walk is on the beach itself, and how much takes place on the pathway near the beach. We may move between the two via sandy tracks and steps.

Toilets are available at both Bucasia and Shoal Point. Please carry water, snacks, lunch, sunscreen, insect spray and personal hand sanitiser. Hopefully we will all enjoy a relaxed and flexible day.

**Crediton Hall to Fern Flat
Saturday 18th & Sunday 19th July**

Leader: Jenny Wooding 0447091532, 49440236

Depart: 8am

Journey: 200km \$20

Grade: L33

This walk is especially suited for anyone who is new to backpacking but keen to give it a go and of course old hands are also very welcome to participate.

The walk will begin at Crediton Hall and continue to Fern Flat a distance of approx. 11kms all of which is on track. Walkers will need to carry their tents, sleeping bags and food for the weekend. Fern Flat has a toilet and water tank. On Sunday we will return via the same track. We will be able to walk at a relaxed pace allowing people the chance to get used to carrying a larger pack. For more information please call me and I do have a spare pack if anyone needs one.

Please book by Wednesday 15th as I will need to book the campsite. The club will pay camp fees.

**Mt Dalrymple from Gorge
Sunday 26th July 2020**

Leader: Kate Brunner, katcalen@hotmail.com Ph: 49588436

Meeting point: yet to be announced...(either meet in town 6am or Gorge 7am)

Time: we set off walking 7-7.15 am

Journey from town and back: 140km, cost \$14.00

Estimated Time On track: 9 hours

Terrain: steep, uneven.

Expect: Views, scratchy tangles, scrambles, steep up and steep down,

This used to be a common walk for our club but seems to have gone out of favour.

As advantage to western trail route, the journey to the start is much shorter. Also it is a good fitness walk.

Views from the top are great and the moss and rock formations near there always a joy!

I expect the track to be fairly well marked, it will be steep and there might be some tangle, logs to be climbed over and so on.

If the weather is moist leeches will be out hunting!