



# The Message Stick

## August 2020

Mackay Bushwalkers' Club Inc. PO Box 1313, Mackay, 4740  
 Web: <http://www.mackay.bwq.org.au>  
 Email: [mackay.bushwalkers@gmail.com](mailto:mackay.bushwalkers@gmail.com)

### Future Events

Mt St John.....	2 <sup>nd</sup> August
Lamberts Beach and Slade Point.....	9 <sup>th</sup> August
Flaggy Rock.....	16 <sup>th</sup> August
General Meeting.....	19 <sup>th</sup> August
Castle Rock.....	23 <sup>rd</sup> August
Blue Water Trail.....	30 <sup>th</sup> August



*Walkers enjoying the Bucasia to Reliance Creek walk.  
 Good to see the social distancing happening*

### Club Officers

President	Peter Bennett	0427383732	Contact Officer	Donna Burgess	0488 787 953
Vice President	Daphne Goodson	0417706240			
Secretary	Julie Ward	0403230545			
Treasurer	Mari Simmonds	0459835551			
Equipment Officer	Donna Burgess	0488 787 953			
Newsletter Editor	Jenny Wooding	0447 091 532	Membership Secretary	Wendy Bennett	0429363929

## *From the Editor*

It's great to see people coming out to enjoy walks again – a nice mix of regulars with a few new participants. August has a variety of walks on offer so hopefully the weather will be kind and we will see some good numbers out and about on the walks.  
Have a great month everyone.

Items for the next newsletter should  
be sent to  
[mackay.bushwalkers@gmail.com](mailto:mackay.bushwalkers@gmail.com)  
prior to 25<sup>th</sup> August

## *Key to Walks Grading System*

Distance	Terrain	Difficulty
S = short – under 5km	1-3 = Graded or open terrain, no scrub	1-3 = Easy, suitable for beginners
M = medium – 5-10km	4-7 = Bush, minor scrub, rainforest, Rocks, creeks, rockhopping, scrambling	4-7 = Medium, reasonable fitness required
L = long – over 10km	8-10 = Bush as above + thick scrub, major rock Scrambling using hands, technical	8-10 = Hard, strenuous, fit walkers only

## *Future Events*

**All trip leaders please ensure you collect the club gear bag before undertaking your walk and return it as soon as possible afterwards**

Please contact the leader to nominate for all walks before 12.00pm the day before the walk unless otherwise stated.

### **Mt St John Sunday 2nd August**

**Leader:** Mari Simmonds 0459 835551

**Depart:** 7:00am

**Map Ref:** Hillalong 549495

**Grade:** M65

**Estimated walking time:** 5 hours. **Total of all uphill sections:** 450m. **Pace:** average. **Terrain:** very uneven. **Vegetation:** open forest. **Expect:** some steep slopes, steep scrambles, long grass, lantana.

Mt St John is a small prominent mountain in the Crediton area. Good views should be available from the summit. Mt Dalrymple to the north, Mt Britton and Teemburra areas to the east and the Glenden area to the west.

Be prepared for long grass and scratchy vegetation so longs are recommended. You will need to carry water for the whole day.

**Lambert's Beach and Slade Point Reserve  
Sunday 9<sup>th</sup> August**

**Leader:** Carole Weekes 49546108  
**Depart:** 8 am from in front of Seaview Tavern,  
Pacific Drive, Lambert's Beach  
**Journey:** N/A  
**Grade:** M34  
**Estimated walking time:** 6 hrs **Total of all  
uphill sections:** 90 m **Pace:** comfortable  
**Terrain:** sand, tracks, grassy sections, open  
forest and melaleuca scrub. Expect: insects,  
bird life, shady and exposed sections.  
This will be an easy day, starting with a walk  
along the beach south to the harbour, then  
following the tracks through the reserve, and  
concluding with a walk from Lambert's Lookout  
north to the end of the point, looking across to  
Black's Beach.  
Please bring sun and insect protection, snacks,  
lunch and ample water.  
[Please note different time and departure point.](#)  
[If you are unfamiliar with the area, ask  
directions when you book with the leader.](#)

**Flaggy Rock  
16<sup>th</sup> August**

**Leader:** Peter  
Bennett (0427383732)  
**Departure:** 7:00am  
**Journey:** 200km \$20.00  
**Map Ref:** Carmilla 508665  
**Grade:** S55  
**Estimated walking time:** 4 hours **Total of all  
uphill sections:** **Pace:** slow - medium **Terrain:**  
uneven terrain **Vegetation:** open forest, long  
grass **Expect:** long grass, lantana, some steep  
slopes.

The west side of Flaggy Rock Bluff is a cliff  
face up to 80 metres high. We will walk around  
the base of the bluff to the south end, then  
climb to the top where we can overlook the  
ocean to the east, Mt Funnel to the north and  
hills to the west and south.

Insect repellent is a must and remember to  
bring enough food and water for the whole day.  
This is a fairly easy walk for the adventurous.

[Please RING to nominate for the walk BEFORE  
12.00 midday the Saturday before the walk.](#)

**Induction 6.30pm General Meeting 7.30pm  
Wednesday 19<sup>th</sup> February**

Downstairs room, Mackay Family Care and  
Community Support Association Centre 60  
Wellington Street, Mackay. Newcomers and  
visitors welcome.

**Castle Rock  
Sunday 23<sup>rd</sup> August**

**Leader:** Clive Goodson 0749549338,  
0417706249  
**Depart:** 7:00am  
**Journey:** 170km \$17.00  
**Map Ref:** Calen 620978  
**Grade:** M85  
**Estimated walking time:** 6 hours **Total of  
all uphill  
sections:** 260m **Pace:** average **Terrain:** very  
uneven **Vegetation:** open forest **Expect:** some  
steep slopes, steep scrambles, spear grass.

Castle Rock is an outcrop in  
the Cathu State Forest. Excellent views are to  
be had from the top.

The walk will take us from the road before  
the forest station at Jaxut, along a ridge to the  
dramatic drop off at the end. Along the way we  
will pass some interesting rock formations and  
a few small boulder caves. We will spend  
enough time to explore the rock before  
returning to the cars. If time permits and  
walkers are inclined, we may return to the cars  
by a different route.

Bring water and food for the day, personal  
hand sanitiser, and spare clothes to change  
into after the walk.

**Blue Water Trail  
Sunday 30th August**

**Leader:** Lesley Sleeman 0481480773  
**Start:** 7am Botanical Gardens office/cafe car park.  
**Walking time:** 4-5 hours 16 kms

This walk will include all of the Blue Water Trail, and we will be walking on concrete pathway all of the way. Morning tea break of 25 minutes will be at River Street boat ramp park. Walkers should bring a snack and a drink with

them for that break. It is also advisable for walkers to carry spray for this walk in case of sandflies or mosquitoes.

For those who are interested, we will stop for lunch at the Botanical Gardens cafe at your own expense on our return to the parking area. Please phone me before Saturday lunchtime to advise me if you are intending to walk, and whether you plan on staying for lunch after the walk, so reservations can be made in advance.

## *Previous Activities*

**Mt Catherine  
Sunday 5<sup>th</sup> July**

Mt Catherine walk there were 4 walkers, 5 including myself. Thanks to Warren who drove the walkers from Mackay.

Attending on their first official club walk we had 2 new members, Chris and Russell who I would like to welcome and hope to see them both back to experience more great fun bushwalking adventures.

Penny took lots of great photos of the day and posted them on Bushwalkers Club Inc. for all to enjoy. The group easily followed social distancing Covid 19 rules due to the small number of walkers. Lunch at the top was a bit warm, shade was scarce, due to some overgrown lantana. There were good views of the surrounding country, looking towards Cape Conway and the Whitsundays, with clear views in front towards the ocean. On our way back down to the bottom, there was a close mishap involving Russell and a moonlighter plant, thankfully Warren saved the day with his keen observation skills, and with panicked cries of stop from a couple of walkers, all was good.

The day finished early which gave plenty of time for a leisurely drive back to town, with maybe a stop at the Calen store for an ice-cream or two.

Deb

